

Presented by



STUDENT VIDEO CONTEST



for middle and high school students
(prizes will be awarded for both categories)

| 1st Place | 2nd Place | 3rd Place |
|------------------------|------------------------|------------------------|
| \$500 cash scholarship | \$300 cash scholarship | \$200 cash scholarship |

- All winning videos will be displayed on IWIN / SBCMS website
- Awards will be presented to student winners at school recognition event (date TBD)

WHAT

Produce a 1-3 minute video that embodies the concept of healthy life choices. Develop your own message and be as creative as you wish. Videos will be judged on your ability to explore the topic as well as produce a quality video.

Examples might include:

- *Fitness and/or Nutrition
- *Family Life
- *Dating and Relationships
- *Mental Well-Being
- *Studying and Pressure
- *Bullying
- *LGBT
- *Environmental
- *Behaviors to Avoid
- *Party Scenarios
- *Drugs/Alcohol/Smoking

HOW

Please submit your video by mailing or dropping off a thumb drive or DVD to the IWIN offices at:

1859 W. Redlands Blvd.
Redlands, CA. 92373

Questions? Call 909-273-6000 or email dlong@sbcms.org.

Video must be an individual project (not submitted as a group).

Must be a middle or high school student in San Bernardino County.

Please read complete contest rules. Complete and submit entry form with video.

WHEN

Deadline to submit your video is 4:00pm on Friday, April 20, 2018.

Winners will be notified by email on April 27, 2018.

[CLICK HERE](#) for complete contest rules and entry form or visit:

**[http://www.sbcms.org/
community-programs/
inland-wellness-information-
network.aspx](http://www.sbcms.org/community-programs/inland-wellness-information-network.aspx)**

