

Mertin A. Hendrickson, M.D. Award for Outstanding Contribution to the Community



TERESA FRAUSTO, M.D.

San Bernardino County Department of Behavioral Health

Dr. Teresa Frausto currently serves as the Chief Psychiatric Officer for the County of San Bernardino Department of Behavioral Health and Medical Director of the Alcohol and Drug Programs. In her 15-year tenure with the County she has worked in the behavioral health outpatient clinics and as Clinic Medical Director for Juvenile Detention and Assessment Centers. Her role at the Department of

Behavioral Health encompasses a broad range of medical services, including diagnostic evaluations, acute outpatient stabilization, medication management, crisis intervention, integrated health and brief focused psychotherapies for people experiencing serious and persistent mental illness. She also works to provide education, training and clinical experience to future behavioral health/medical care providers in collaboration with various teaching institutions in San Bernardino County.

A graduate of University of Illinois College of Medicine Chicago in 1991, Dr. Frausto completed her residency at Los Angeles County-Harbor-UCLA Medical Center. Dr. Frausto also specializes in Neurology.

She has also worked collaboratively with Inland Empire Health Plan (IEHP), San Bernardino County schools, Probation Department, Juvenile Courts, Coroner's Office, Child Death Review Team and other community agencies. Her leadership in quality management led to the first accreditation by the National Commission on Correctional Health Care (NCCHC), an organization whose mission is to improve the quality of health care in jails, prisons and juvenile confinement facilities.

Dr. Frausto also serves as Assistant Professor at Loma Linda University School of Medicine (LLUSM) for the Department of Psychiatry in addition to being a Clinical Faculty Member of Western University of Health Services (WUHS). She is triple Board Certified in Adult, Child and Addiction Psychiatry.

Dr. Frausto is a member of the board of directors for the San Bernardino County Medical Society, helping to advance the Society's goals of ensuring quality access to care for patients throughout the region. She also serves as a member of the Inland Empire Opioid Crisis Coalition, bringing her expertise and experience in opioid addiction treatment. The IEOCC, which seeks to expand solutions and stakeholders surrounding the alleviation of the opioid crisis, is a collaboration between San Bernardino County and Riverside County physician providers, Departments of Public Health, medical societies, Medical Board of California, IEHP, Hospital Association of Southern California, emergency medicine specialists, pharmacists, law enforcement, elected officials and the community at large.

As a physician and as a resident of the Inland Empire, it is clear that Dr. Frausto's influence and dedication extend far beyond geographic boundaries. Not only does she serve as a role model for departments, medical professionals and future generations, but also she is ensuring true metamorphosis at the societal level.

Thank you and Congratulations, Dr. Frausto!

