



3rd annual STUDENT VIDEO CONTEST

Presented by



for middle and high school students
(prizes will be awarded for both categories)

1st Place

\$250 cash scholarship

2nd Place

\$150 cash scholarship

3rd Place

\$100 cash scholarship

- All winning videos will be displayed on IWIN / SBCMS website
- Awards will be presented to student winners at school recognition event (date TBD)

WHAT

Produce a 1-3 minute video that embodies the concept of healthy life choices. Develop your own message and be as creative as you wish. Videos will be judged on your ability to explore the topic as well as produce a quality video.

Examples might include:

- *Fitness and/or Nutrition
- *Family Life
- *Dating and Relationships
- *Mental Well-Being
- *Studying and Pressure
- *Bullying
- *LGBT
- *Environmental
- *Behaviors to Avoid
- *Party Scenarios
- *Drugs/Alcohol/Smoking

HOW

Please submit your video by mailing or dropping off a thumb drive or DVD to the IWIN offices at:

1859 W. Redlands Blvd.
Redlands, CA. 92373

Questions? Call 909-273-6000 or email dlong@sbcms.org.

Video must be an individual project (not submitted as a group).

Must be a middle or high school student in San Bernardino County.

Please read complete contest rules. Complete and submit entry form with video.

WHEN

Deadline to submit your video is 4:00pm on Friday, April 5, 2019.

Winners will be notified by email on April 19, 2019.

[CLICK HERE](#) for complete contest rules and entry form or visit:

**[http://www.sbcms.org/
community-programs/
inland-wellness-information-
network.aspx](http://www.sbcms.org/community-programs/inland-wellness-information-network.aspx)**