

San Bernardino

President's Letter

In Faithful Service

It is a great honor to be president of the San Bernardino County Medical Society. So you may understand more about my commitment to organized medicine, I want to share my background and goals for the year.

In 1979, I received my medical degree from Guru Nanak Medical College in Punjab, India. I became a physician because my parents influenced me at a young age that we needed a doctor in the family. We already had many family members who were attorneys, engineers and teachers. Plus, it was not difficult to embrace the medical profession, as my passion has always been helping others in need.

I am a neurologist, and neurology is a broad field of medicine. Neurologists can opt for clinical practice, academic positions or research. There is always more to learn about brain and neurological disorders. As president of the Association of Indian Neurologists in America, I created a program to encourage research by awarding funds annually through the American Academy of Neurology to a candidate who demonstrates excellence in the field of neurology.

I have been in clinical practice for the past 20 years, and for the same length of time, I have taken on leadership roles. Sixteen years ago, I brought a

large group of physicians together to form a medical group. We successfully navigated through the medical group bankruptcies of the mid-1990s



> **Manmohan Nayyar, MD**

and have become one of the leading groups in our geographic region due to our emphasis on quality.

The education I received by obtaining MHA and MBA degrees enables me to provide business direction to my team of physicians. In addition, we organized a management team that saved a local hospital from bankruptcy, and the hospital continues to serve the community.

Further, I have donated my time and effort to our community by contributing to the St. Mary Hospital Foundation for the betterment and expansion of hospital services. The St. Mary Hospital Foundation recognized me as "Patron of the Year."

SBCMS Goals

I joined SBCMS in 1987 and have remained involved

because I have seen successes year after year. Results include stopping reimbursement cuts, overturning unfavorable legislation and regulating non-physicians' scope of practice. Organized medicine has also been involved in aspects of medical group formation, enabling independent physicians to access patients and participate in a virtual infrastructure that they could not otherwise afford in solo practice.

I have several major goals for my term in office: retaining current membership; expanding membership by demonstrating the value of SBCMS and the California Medical Association; emphasizing preventive medicine; and promoting electronic medical records.

Statewide, major challenges this year are maintaining or increasing reimbursement to compensate for growing practice costs; keeping MICRA in place; and adopting technology to meet regulatory mandates.

Locally, our challenges relate to growth. As a High Desert physician, I have witnessed a tremendous population surge. This past year, Bill Postmus, chairman of the County Board of Supervisors, formed a taskforce to assess and discuss healthcare issues in the High Desert due to the dramatic growth. My colleague, Damodara Rajasekhar,

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PEOPLE & EVENTS

**LEADERSHIP ACADEMY,
MAY 5-7, 2006,
IN INDIAN WELLS**

Twelve San Bernardino County Medical Society members attended the California Medical Association's Ninth Annual California Healthcare Leadership Academy, at the Renaissance Esmeralda Resort and Spa. The theme was "Meeting Future Expectations Without Breaking the Bank."

The conference speakers addressed the competing challenges of rising costs, increasing quality and expanding access to care. Attendees also enjoyed workshops on conflict resolution, motivating boards and committees, public speaking, and other leadership skills.



> From left, Ralph Di Libero, MD, LACMA president, and SBCMS/CMA Delegate John Testerman, MD, meet with Patricia Clark, a communications consultant, during a session about "Delivering Medicine's Message to the Public." Clark is teaching how to communicate with the press, the public and policymakers.



> From left are SBCMS President-Elect Clifford Walters, MD; CMA Trustee Dev GnanaDev, MD; and Edward Hess, MD, a former SBCMS president.

ASSOCIATION LEADERSHIP

San Bernardino County Medical Society



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AT LARGE Thelma Korpman, MD
SOLO/SMALL GROUP
 Jeannette Benjamin, MD
 OMSS Damodara Rajasekhar, MD
YOUNG PHYSICIAN REP. Brian Bearie, MD

CMA ALTERNATE DELEGATES

DISTRICT 1 Mohinder Ahluwalia, MD
DISTRICT 2 Edward Hess, MD
DISTRICT 2 Paul Liu, MD
DISTRICT 3 Albert Artega, MD
DISTRICT 3 Heather Shover, MD
DISTRICT 4 Fred Soepronno, MD
DISTRICT 4 Montri Wongworawat, MD
DISTRICT 5 Sharen Jeffries, MD
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AT LARGE David Quam, MD
YOUNG PHYSICIAN REP. Maria Abrolat, MD

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President's Letter, Continued

MD, represented SBCMS on the taskforce.

The High Desert faces a robust population growth that requires quick strengthening of the infrastructure. It is evident that the High Desert is not doing enough to bolster the healthcare infrastructure

due to the political and financial interests of some hospitals. The taskforce is not addressing the actual complex needs of the community; it is focusing on a trauma center.

Therefore, another goal this year is to promote collaboration among High Desert

healthcare providers to strengthen and expand the infrastructure through integration, not fragmentation.

You, my fellow members, have entrusted me with leading SBCMS, a great organization, and I will serve faithfully and to the best of my ability.

Introducing the 2006-07 Executive Committee

PRESIDENT



Manmohan Nayyar, MD, FAAN, MBA, MHA, CPE
 Neurology, Apple Valley

Member of SBCMS since 1987.

Former president-elect and member of the Board of Directors. Member of SBCMS

Finance, Nominating and Medical-Legal Committees as well as Legislative Commission/Local Political Action Committee.

Member of CMA, AMA and Association of California Neurologists. Vanguard member of the American College of Physician Executives and fellow of the American Academy of Neurology. Qualified medical examiner for the State of California. President of the Association of Indian Neurologists in America and president of St. Mary Choice Medical Group. Member of SBCMS Speakers' Bureau.

PRESIDENT-ELECT



Clifford A. Walters, MD
 Gynecology/Reproductive Endocrinology, Loma Linda

Member of SBCMS since 1985. Former vice president, member of the Board of Directors and member of Finance Committee. CMA Delegate District 4. Associate professor at Loma Linda University School of Medicine. Member of CMA, Medical Education Speakers' Bureau, American Society of Reproductive Medicine, Pacific

Coast Reproductive Society and American Fertility Society. Fellow of the American College of Obstetrics and Gynecology and Los Angeles Obstetrical and Gynecological Society. Former president of Riverside-San Bernardino County Obstetrical and Gynecological Society.

VICE PRESIDENT



Guillermo Valenzuela, MD
 Obstetrics and Gynecology, Colton

Member of SBCMS since 1984. Former secretary, member of the Board of Directors and member of Finance Committee. Fellow of the American College Obstetrics and Gynecology. Member of CMA, AMA, Society of Perinatal Obstetricians, Society for Gynecologic Investigation, American Society for the Study of Hypertension in Pregnancy, Latin-American Society for the Study of Reproduction, Association of Professors of Gynecology and Obstetrics, and Riverside-San Bernardino County Obstetrical and Gynecological Society. Chair of Department of Obstetrics and Gynecology at Arrowhead Regional Medical Center and Western University of Health Sciences. Vice chair of Department of Obstetrics and Gynecology at Riverside County Regional Medical Center. Clinical professor in the Department of Obstetrics and Gynecology at UC Irvine. Associate medical director of Arrowhead Regional

Medical Center. Board member of two charity organizations. More than 90 papers published in peer journals.

SECRETARY



Rodney W. Borger, MD
 Emergency Medicine, Colton
 Member of SBCMS since 1989.

Former treasurer, member of the Board of Directors and member of Finance Committee. CMA Alternate Delegate. Member of CMA, AMA, American College of Emergency Physicians and CAL/ACEP. Chair of Emergency Medical Services Fund Committee. Former board representative for young physicians. Former CMA medical student trustee and house officer trustee. Recipient of CMA's 2005 Young Physician Section "Leadership in Community Service Award." Chair of the Department of Emergency Medicine at Arrowhead Regional Medical Center. Commander of San Bernardino County Medical Reserve Corps. Diplomate of the American Board of Emergency Medicine.

TREASURER



Rick D. Murray, MD
 Obstetrics and Gynecology/ Maternal Fetal Medicine, Fontana

Member of SBCMS and CMA 1980-98 and 2000-present. Former District 2 representative to Board of Directors.

Executive Committee, Continued

Diplomate of the American Board of Obstetrics and Gynecology and Maternal Fetal Medicine. Fellow of the American College of Obstetricians and Gynecologists and vice chair District IX, Section 6. Member of California Children's Services, Loma Linda University Alumni Association, Riverside-San Bernardino Obstetrical and Gynecological Society (president 1994-96), and Society of Maternal Fetal Medicine. Certified by State of California as an anesthesiologist and ultrasound practi-

tioner for State Perinatal Diagnosis since 1994.

PAST PRESIDENT



Dennis Flynn, MD
Family Practice,
Redlands
Member of
SBCMS since

1979. Former president and member of the Board of Directors. Member of CMA, AMA, American Academy of Family Physicians and American College of Physician Executives. Diplomate of the American

Board of Family Practice. Former president of San Bernardino Community Hospital Medical Staff (1989). Vice president of medical affairs for Epic Management LP and former chair of Beaver Medical Group Quality Improvement Committee. Member of three Quality Review Committees at Redlands Community Hospital—Maternal Child QRC, Surgical QRC and Medical QRC. Chair of SBCMS Medical Review Advisory Committee and member of SBCMS Finance and Nominating Committees.

Board Briefs

May 22, 2006—

San Bernardino County Medical Society Treasurer Rodney Borger, MD, presented the 10-month financial report for the period July 1, 2005, through April 30, 2006. Total revenue is \$508,277. Total expenses are \$377,786. Excess revenue over expenses is \$130,491 after depreciation. The board approved the 10-month financial report as submitted.

President Dennis Flynn, MD, presented and the board approved the society's 2006-07 budget. Revenue is \$520,368

and expenses are \$514,170. President-Elect Manmohan Nayyar, MD, requested and received board approval for the appointment of more than 200 physicians to SBCMS's 2006-07 committees. The board also approved the 2005-06 annual reports submitted by the chairs of all SBCMS committees. They also accepted the annual reports from Inland Wellness Information Network and the Physicians Memorial, Gift and Benevolence Fund.

The board agreed to move

District 1 CMA Alternate Delegate Mohan Mallam, MD, to the District 1 CMA Delegate seat formerly held by Gebre C. Gobezie, MD. They appointed Mohinder Ahluwalia, MD, to fill the District 1 CMA Alternate Delegate seat vacated by Dr. Mallam. Dr. Flynn requested a moment of silence in memory of Dr. Gobezie. Board members approved a Memorial Resolution for Dr. Gobezie that will be presented at the October 2006 California Medical Association House of Delegates.

Membership Report

New Applicants

Sean P. Bush, MD
Emergency Medicine*
Loma Linda

Kamal Kejriwal, MD
Geriatrics*/Family Medicine*
Fontana

Jamie S. Osborn, MD
Family Medicine
Loma Linda

Reinstatements (Former Members)

Murray E. Brandstater, MD
Pain Medicine and Rehab*
Loma Linda

Walter M. Maier, MD
General Surgery
Lake Arrowhead

Lauren M. Simon, MD
Family Medicine*/Sports
Medicine*/Adolescent Medicine*
Loma Linda

Amnat A. Wongworawat, MD
Plastic Surgery
Loma Linda

House Officer

Cindy Kuo, DO

Medical Students

Kelsie J. Bickley

Vince P. Cacho

*Board Certified

Membership Categories

(As of May 26, 2006)

Regular Active	-----838
Applicants	-----45
Government Employees	---8
Affiliates	-----8
Out of State	-----1
Postgraduate leave of absence	-----1
House Officers	-----121
Students	-----422
Retired	-----233
Total Members	-----1,677

PEOPLE & EVENTS

SBCMS/RCMA MEDICAL STAFF LEADERSHIP FORUM, MAY 24, 2006, IN RIVERSIDE

The San Bernardino County Medical Society and the Riverside County Medical Association co-hosted a Medical Staff Leadership Forum in the Inland Empire Conference Room. The guest speaker was John V. Hill, MD, chair of the California Medical Association Organized Medical Staff Section.

Dr. Hill discussed "Evolving Bylaw Issues—The Need for Vigilance." Because of the problems his Ventura hospital suffered with this issue, Dr. Hill had much to share with our medical staff leaders, who thoroughly enjoyed his presentation.



> John Hill, MD, and Ron Bangasser, MD, converse at the Medical Staff Leadership Forum.



> Physicians enjoy a break and fellowship during the Medical Staff Leadership Forum.

SHARING HISTORY, OPENING MINDS



> A group of medical assistant students from San Joaquin Valley College enjoyed a tour of our Southern California Medical Museum on May 22. At center, Thomas Gibson, MD, a member of the San Bernardino County Medical Society's historical committee, conducted the visit. For information on tours, call SBCMS at 951/787-7700.